

# What's at stake?

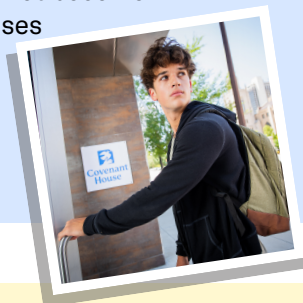
**4.2 million**  
young people experience a form of homelessness in a given year in the U.S. alone.




## Who is at risk of youth homelessness?

Many factors increase a young person's chances of experiencing homelessness. Demographic risk factors for becoming homeless include being Black, Hispanic, or Indigenous; parenting alone; or LGBTQ+. Children raised in poverty and youth lacking a high school diploma or equivalency also have a higher risk of homelessness. And, our research indicates that approximately one in five youth experiencing homelessness is a survivor of human trafficking.


The vast majority of youth do not become homeless by choice. The causes are complex, and are not due to a single incident or issue.



## What's our impact?

 **730,000** nights of housing provided

 **1.6 million** meals served

 **43,000** young people reached

Fiscal year 2022

## What does Covenant House do?

Covenant House is the largest primarily privately-funded agency in the Americas providing shelter, food, medical and mental health care, crisis intervention, educational and vocational services, and an array of supportive services to youth facing homelessness regardless of their race, religion, sexual orientation, gender identity or expression.

Since 1972, Covenant House has served and advocated for youth and young families experiencing homelessness, human trafficking, and exploitation providing them an environment rooted in unconditional love, absolute respect, and relentless support. Our staff and high-quality programs and services help young people achieve housing stability, heal from trauma, and hone their interests and skills to forge new pathways to independence. Our doors are open 24/7 across Covenant House sites in the United States, Canada, Mexico, Guatemala, Honduras, and Nicaragua.



## What can you do?

Covenant House is always interested in expanding our community of supporters and advocates, including individuals, companies, foundations, faith-based organizations, and alumni of our programs. Our most successful partnerships are collaborative and affirm the dignity and wholeness of the journey of each young person at Covenant House.

## Food Security

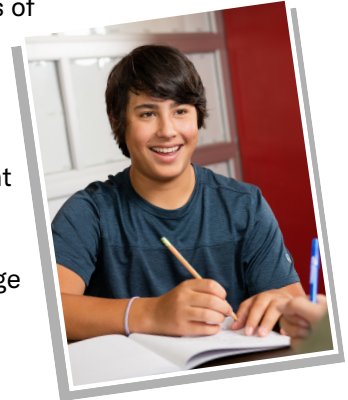


With supply chains challenged and the high cost of food, hunger remains a threat. At Covenant House, we know good nutrition is essential for young people to reclaim their lives after the trauma of homelessness and trafficking. We're committed to providing youth nutritious meals and healthy snacks every day to fuel their healing, growth, and stability. In fiscal year 2022,

**Covenant House served 1.6 million meals to young people.**

## Mental Health

Today, more than half of all young people in the U.S. are expressing symptoms of anxiety or depression. For young people facing homelessness and trafficking, the uncertainties add to the stress and trauma of their everyday efforts to survive. Covenant House offers individual and group counseling, traditional talk therapy, and other wellness programs. A range of activities at our residences help our youth stay focused, supported, and on track. In fiscal year 2022, **4,100 youth engaged in mental health services at Covenant House.**



## Education + Workforce Development

Education and career readiness are key to breaking the cycle of homelessness and trafficking. Yet, when young people arrive at Covenant House, only 51% have a high school diploma or GED and 77% are unemployed. Either directly or through referral, we guide youth to appropriate educational and vocational opportunities, matching each young person's strengths and abilities with their career interests. In fiscal year 2022,

**2,800 youth enrolled or remained in school and 160 youth obtained a high school diploma or equivalency. Additionally, 2,900 youth engaged in on-site workforce development programs and 2,500 youth gained or maintained employment.**



## Young Families



About 44% of young women and 18% of young men, ages 18-25, who face homelessness report being a parent or pregnant. Pregnancy and parenting are common among young people facing homelessness, more so than among their stably housed peers. Covenant House is one of only a handful of youth shelters that offer housing and holistic care to young families. When we welcome a young parent into one of our houses, we provide wraparound services that support them while they work on acquiring skills and knowledge that will allow them to build a stable life for themselves and their children. In fiscal year 2022, **Covenant House served 314 young parents and 387 babies and children.**

## Transitional Living Program

The most positive outcomes for youth happen when they remain connected and stably housed. Youth live in Rights of Passage (ROP), Covenant House's transitional living program, for up to 24 months, where they tap their potential and plan for the future. Here they build basic life skills and financial literacy, participate in educational and vocational programs, seek employment with long-term advancement and career prospects, and work toward moving into their own safe and stable housing. In fiscal year 2022, **2,400 youth exited one of our housing programs to a stable destination.**



To learn more about how you can make an impact today in the fight to end youth homelessness, go to [covenanthouse.org](http://covenanthouse.org).